



NAVIGATING AUTISM TOGETHER:

A Virtual Workshop for Families



WHEN

Monday, January 19
12:00 PM - 1:00 PM

WHERE

Zoom call

Join us for an empowering virtual session for parents and caregivers on the autism journey. Gain clarity, guidance, and strategies to support children, teens, and young adults in daily life.

WHAT YOU'LL LEARN:

Insight into the diagnostic process and our ABA programs

Strategies backed by research to manage challenging behaviors

A focused look at de-escalation tools for challenging moments

Tips to create positive interactions and reduce stress at home and school

HOSTED BY:

Cassidy Booth, Executive Director

Sara Cadenhead, Clinical Director

Questions? Contact **Cassidy Booth** at (728) 230-1735
or cbooth@abacentersfl.com

A live Q&A session is included; bring your questions and connect with experts and fellow caregivers in the North Florida community.